

BUHL SCHOOLS ATHLETICS & ACTIVITIES

Guidelines and Procedures for the 2021-2022 School Year



OBJECTIVE: To convene athletic events and participation in activities in ways that minimize the risk of COVID-19 transmission to participants/athletes, families, coaches and communities. These guidelines are in alignment with BSD #412 Safe Return To In-Person Instruction Plan and the IHSAA Guidelines for Athletics for the 2021-2022 school year.

GENERAL GUIDANCE: The BSD activity/athletic programs will operate according to the following guidelines. These are subject to change as the COVID 19 situation in the school district and/or community change.

GUIDELINES FOR ALL COACHES, PARTICIPANTS/ATHLETES

- Each activity program and the Athletic Director should ensure that hand sanitizer is available at all contests and practices. Participants/athletes, coaches, and officials should clean and disinfect their hands frequently.
- Adequate cleaning schedules will be created and followed for all athletic facilities to mitigate the spread of viruses.
- No shared water bottles, towels or other personal equipment.
- BSD #412 emphasizes the importance for individuals to stay home if they are feeling ill. Parents are encouraged to carefully monitor the health of their children and not to allow them to participate in activities if they are feeling ill.
- Teams are encouraged to practice social distancing as much as possible before, during, and after competition.

GUIDELINES FOR EVENTS

- All spectators are encouraged to take responsibility to socially distance to protect themselves and others attending activities/athletic events.
- It is **RECOMMENDED** that all spectators wear face masks at all events when social distancing is not possible.
- Hand sanitizer will be available at all entrances for spectators.
- All games taking place in the Buhl high school gym and Bowers Field will be available at <https://www.nfhsnetwork.com/>
- It is **RECOMMENDED** that all athletes and activity participants wear face masks on

buses traveling to events and that they use hand sanitizer prior to boarding. Passengers will be expected to social distance on the bus to the greatest extent possible. Windows will be opened as much as possible to promote air-flow.

GUIDELINES FOR TRAINING ROOM

- All people entering the training room will properly sanitize their hands.
- It is RECOMMENDED that anyone entering and using the training room wear a face mask.
- Appropriate social distancing should be used throughout the training room. Only one student and one coach will be allowed in the training room at a time.
- Athletes are not allowed to get ice out of the training room.

GUIDELINES FOR NON-SCHOOL USE OF FACILITIES

Any organization interested in using the school facilities will have to have a plan similar to the district's operational plan that includes providing for cleaning and disinfecting the facility and equipment used, social distancing by participants and spectators. Mask wearing will be RECOMMENDED.

RESPONSE AND RETURN TO PARTICIPATE

- Contact tracing will identify students and staff who are considered exposed to COVID-19. The school will contact those identified as exposed and provide information explaining the CDC recommendations regarding quarantining and monitoring for symptoms. Exposed individuals who remain at school are to be monitored for symptoms by staff and guardians. Anyone developing symptoms will be sent home.
- Symptoms of COVID-19 include and are not limited to: fever, chills, cough, shortness of breath, difficulty breathing, fatigue, muscle or body aches, headache, the new loss of taste or smell, sore throat, congestion, or runny nose, nausea, or vomiting, diarrhea.
 - o Students and staff who exhibit one of the symptoms will be excluded from school until they have no fever and symptoms have improved for 24 hours without fever-reducing medication.
 - o Students and staff who exhibit two or more symptoms will be excluded from school until they have no fever and symptoms have improved for 72 hours without fever-reducing medication.
- Staff and students who tested positive for COVID-19 will be excluded from school and all school-related activities for ten days from the onset of symptoms and at least 24 hours with symptom improvement without fever-reducing medication. If no symptoms exist, they will be excluded ten days from the date of the positive test.

- Students and staff who are presumed positive for COVID-19 include but are not limited to a household member having COVID-19 unless a negative test can be provided, will be excluded from school and all school-related activities for ten days from the onset of symptoms. If no symptoms exist, they will be excluded ten days from the last exposure to the household member with COVID-19.

RESOURCES

- Buhl School District #412 Safe Return To In-Person Instruction Plan
<https://www.buhlschools.org/covid-19>
- Idaho High School Activities Association (IHSAA) Guide (www.idhsaa.org)
- Southcentral Idaho Public Health District: <https://www.phd5.idaho.gov/covid-school/>

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